

Prayer for Healing Traumas

Lord Jesus, I ask that you bring your peace and love to _____.

I ask You Lord Jesus to rebuke any forces of darkness that seek to harm _____ in any way, or have tried to keep him/her locked in any prison of trauma.

I thank you Lord, that you have not given _____ a spirit of fear, but of love, power and a sound mind.

I ask you Lord now to be a poultice, and draw from _____ all the pain, trauma, shock, fear, terror and shame, bringing it all to death on your cross. You suffered and died for _____ and we appropriate all that you accomplished for him/her.

Heavenly Father, I ask that you remove all effects of the traumas suffered when (read list of traumas).

I ask for all the long and short term effects of trauma, injuries, stress, tension, worry, anxiety, fear and wounding be removed. Lord we ask that you remove all effects in her/his body of memories of abuse, defiling touch, incisions, invasive medical procedures, rejection, abandonment, beating/bruises, slapping of the face, harsh words or curses spoken by parents or other authorities. I ask that they be removed down to the cellular level; all memories of all incidents on all levels, the results of all trauma, pain, shock, fear, terror, shame and chemicals the body has produced naturally and has hung on to as a result of trauma, or were ingested or injected, excess enzymes produced, anesthesia and anesthetics, produced prior to or during any and all incidents. I ask that all of these come out of _____ without harm or injury. We speak complete healing to _____'s immune system.

(In case of rape/sexual abuse or homosexuality, ask the Lord to remove from their body all memories of smells, feelings, tastes, sounds, vibrations and touch connected with those events.)

I bless in the name of Jesus _____'s lymphatic system and all other systems in her/his body to safely remove all wastes, toxins, poisons, or any other product or by-product of trauma from the body including anything the body produced in excess during the trauma. Jesus, pour in your love and grace and by the power of the Holy Spirit remove all trauma from her/his cells and restore them to perfect order and vibration.

Lord, I bless the moment the egg and sperm came together and _____ came to be. I bless the conception and every moment that _____ was in her/his mother's womb. Holy Spirit I ask that you brood over the original DNA and restore all vibrations, frequencies, tones and colors within _____ and remove anything that is not of you.

Heavenly Father, I ask that you remove any trauma experienced in the womb; absorbed from the womb; or passed down through the generations. I ask that you would heal the very DNA and remove all trauma, shock, fear, terror and shame that has come through her/his generational flow.

We put the blood of Jesus and the cross of Jesus between _____ and her/his generations and ask that all iniquity be stopped. We release and forgive all her/his generations who traumatized others, or manipulated, dominated or controlled through fear and torment. Release your precious blood and heal all unresolved grief and pain.

_____ I bless your birth, and call you forth into newness of life. The Lord has a purpose and plan for you, to give you a future and a hope and to prosper you in every way.

Heavenly Father, bring your healing and please remove any trauma, shock, fear or terror that _____ experienced in the birthing process or in the moments following and help her/him to fully embrace the life that you have given.

I ask you Lord to come into _____'s conscious memory, unconscious memory and subconscious memory and remove all trauma, shock, fear, shame, and the pain that has caused so much torment.

Heal the Amygdala, and remove all trauma, shock, fear, terror and shame from the emotions. I ask that you bring healing to the "fear center" of _____'s brain. Turn off the alarms that have been ringing for so long, and replace the fear, dread and hyper vigilance with godly discernment. Let her/him know when there is true danger and give her/him wisdom to know how to deal with it. Bring peace and rest to that part of _____'s heart that has always had to stand guard and be alert; remove any pervasive low-level anxiety.

Heavenly Father, please remove the trauma from _____'s eyes and ears. Wash over any images "seared" upon the soul, with the blood of Jesus Christ. Remove the trauma from any words spoken and remove any disharmony, disease, or disorder that these words or images have caused. Sing your song of love over _____ and bring everything within her/him into agreement with your song and original design. In the name and by the blood Jesus Christ I prophesy order and healing into your spirit, soul and body.

Remove any trauma or shame that is associated with scent.

Remove any trauma from the skin.

Lord, trauma has shaken _____ to the very core of her/his foundations, and I ask that you heal every crack with your love. Restore trust and the grace to believe in you, and to be able to receive your promises.

I ask you Lord to remove all trauma, shock, fear, terror and shame from the muscles, ligaments, tendons, bones and bone marrow. Bring your healing power to every area where _____'s spirit has been crushed or broken, and restore health, vitality and vigor. Make her/his bones and connective tissues strong.

I ask that you would remove all shock, trauma, fear and terror off the organs of _____'s body.

Lord, I ask that you would sever all fear bonds, trauma bonds, and all unhealthy and unholy soul ties that have been created through trauma.

I break every assignment of trauma against _____ and bind and send away every “guard” assigned to her/him. I ask you Lord to disconnect _____ from any and all 2nd heaven entities, principalities, powers, dominions, thrones and rulers that have gained access to her/him through the trauma she/he suffered. I ask you Lord to shut down all pathways, portals and means of access to her/him for communication or influence.

I ask you Lord, if there is any portion of _____’s being that has been delayed, trapped, captured or imprisoned in another time, another space, dimension or place, as a result of trauma, would You please cause it to be released and rejoined with her/his core being in this current time, space and dimension. I ask you Lord to re-unify those portions with the core person.

***At this time ask the person if they see a picture in their mind, of any place that enemy has put them in captivity. (They may see a prison, dark room, hole in the ground etc.) The Lord may also take them to a memory that He wants to heal. See “Instructions for Healing of Traumas”.**